

POWER 8

Immunity & Health Boost

Building Your Families Immunity With The Most Important Vitamins And Nutrients That Your Body Needs

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1



R400
1 kg

Power CEE 100% Pure Ascorbic Acid Powder. Vitamin C is an essential micronutrient which has many health benefits. It is a powerful antioxidant which helps prevent the build up of free radicals to protect your body against disease and all viruses. An essential vitamin, necessary for the formation of collagen which is important for the growth and repair of tissue cells, gums, blood vessels, bones and teeth. A natural anti-histamine. Used to treat ADHD with Niacin. An effective treatment to protect you from COVID-19 and to treat those who have it see more here Lionbrands.co.za/covid

Active Ingredients: 100% Ascorbic Acid
Suggested Use: To boost your immune system, take 5 000 - 20 000 mg

Power Balance: 100% Sodium Bicarbonate is safe and effective antacid which immediately lowers stomach acidity. Suitable for sensitive stomachs.

Take Power Balance to neutralise the acidity of Vitamin C. When sodium bicarbonate is added to ascorbic acid, the bicarbonate fizzes (emitting carbon dioxide) which then releases the sodium to neutralise the acidity and sour taste of the ascorbate.

Used in the treatment of asthma, pain, headaches and cancer.

Active Ingredients: 100% Sodium Bicarbonate
Suggested Use: Add 1/4 to 1/3 teaspoon for every teaspoon of Power

2



R50
1 kg

3



R390
500 grams

Power MAG Magnesium is the most important nutrient for your body and most people do not have sufficient magnesium. Magnesium is important for many processes in the body, including regulating muscle and nerve function, blood sugar levels, and blood pressure and making protein, bone, and DNA. It is very good to treat: Low energy levels, failing memory, brain fog, headaches, low blood sugar (connected to diabetes) migraines, muscle cramps, ADD/ADHD symptoms, stress, constipation/IBS, Sleep problems, low immunity, Heart arrhythmias

Active Ingredients: 100% Magnesium Citrate 16% elemental Magnesium No Artificial Flavours, Colours, Preservatives or Lactose.
Suggested Use: 400 - 800 mg of elemental magnesium per day. 5 grams/1 teaspoon 5000 mg has 800 mg of elemental magnesium (16% concentrate). 1/2 teaspoon contains 400 mg elemental Magnesium.

Zinc An essential mineral, beneficial for symptoms of acne, eczema, prostate problems, regulating blood fat levels and insulin (blood sugar) activity.

Boosts your immune system. Inhibits the severity of cold symptoms & infections caused by viruses like SARS & COVID-19. Accelerates wound healing.

May reduce risk of age-related diseases, pneumonia, infection & macular degeneration (AMD). Decreases inflammation & oil production. See more Lionbrands.co.za/Zinc

Active Ingredients: Each tablet contains 15mg of elemental zinc
Suggested Use: 1 tablet daily

4



R108
60 Tabs

"I have not seen any flu yet that was not cured or markedly ameliorated by massive doses of vitamin C."

Robert F. Cathcart, MD

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Starter Pack

The Starter Pack includes Power Balance and Power CEE, with Power Balance using sodium bicarbonate to neutralise acidity so Vitamin C fizzes, tastes less sour, and is gentler on your stomach.

R450

5



R129
60 Tabs

Vitamin D3

Vitamin D regulates the absorption of calcium and phosphorus and facilitates normal immune system function. Supports the development of bones and teeth. Improves resistance against certain diseases thereby reducing your risk of multiple sclerosis and the flu.

Reduces depression and boosts weight loss. Lack of Vitamin D increases your risk of developing bone abnormalities such as osteomalacia or osteoporosis.

It is used very effectively in the fight against COVID-19

Active Ingredients: Vitamin D3 1000iu per tablet

Suggested Use: 1-2 tablets daily

Selenium Complex

A natural anti-oxidant, nutritionally beneficial for healthy: liver function, heart and blood pressure, hair, nails, skin, eyes, male sexual reproductive capacity, joint mobility and boosts your immune system. Helps with Asthma symptoms. Strengthens your thyroid gland, helps prevent mental decline like Alzheimer's, can help with heart disease, may reduce risk of certain cancers. An enzyme active complex of amino acid chelated selenium, vitamin E, coral calcium, and phytobase to provide the natural co-factors for maximum bio-absorption and efficacy.

Active Ingredients: Selenium AAC 2% 5mg providing elemental Selenium of 100ug. Vitamin E50% 10mg providing elemental Vitamin E of 7.5iu Barley grass 35 mg - Spirulina 35mg - Coral Calcium 20mg Broccoli extracts 0.5% 15mg

Suggested Use: 1-2 tablets daily

6



R99
60 Tabs

7



R110
100 Tabs

Niacin Vitamin B3

Niacin is a vitamin that helps you: naturally relax and deal with stress; to sleep more rapidly. Necessary for healthy skin, nerves, digestive system, blood vessels.

Essential for synthesis of sex hormones - oestrogen, progesterone & testosterone.

Helps reduce harmful cholesterol levels. Helps with learning & behavioural disorders in children like ADHD.

Also used to treat schizophrenia and addictions like alcohol and drugs. Helps with Arthritis & releases energy from foods.

Active Ingredients: Nicotinic acid 35mg **Suggested Use:** 1-2 tablets daily

Vitamin B Forte Complex

B vitamins play a vital role in maintaining good health and well-being. Boost energy levels. Enhances cell health, growth of red blood cells.

Improves eyesight, brain function, digestion, nerve function, hormone production, cardiovascular health and muscle tone.

Each of these essential vitamins contributes to your overall bodily function.

Active Ingredients: B1 Thiamine 5mg - B2 Riboflavin 2mg - B3 Nicotinamide 20mg - B6 Pyridoxine HCL 2mg

Suggested Use: 1 tablet daily

8



R129
100 Tabs